

October 20, 2020



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# "EVERY TIME YOU FIND SOME HUMOR IN A DIFFICULT SITUATION, YOU WIN"

Snoopy



#### A MESSAGE...

### FROM THE PAST PRESIDENTS

Fellow Rotarians -

Life often hits us with one thing after another, this year 2020 is the perfect example.

Our boss reprimands us for not reaching a deadline, an unexpected expense arises that puts us behind on our rent, a family member becomes ill, and setbacks abound that seem almost hostile in nature. It's hard enough to organize our thoughts as it is, but even harder to find the energy to solve our problems.

Sometimes, it seems like we just can't get a break. But the problem really arises when challenges such as this mount. When that happens, we become overwhelmed and are most at risk of quitting on our dreams and goals or even life.

Everyone feels like quitting at some point, get under the blanket and completely ignore everyone and everything. It happens to the best of us, but know that this "escape" is temporary; this year of 2020 is almost done! You should allow yourself a break every now and then; you need to recharge in order to start fresh, but never allow that break to last for too long and turn you into a quitter. We are all planning on 2021 being a better year.

Quitting won't make the challenges go away. The only way to truly handle our challenges is by facing them head on – and that requires a powerful, pure-burning motivation to take action despite these setbacks. But where do we get the necessary motivation from?

Many of you know I am passionate about my dogs. I found that if dogs could teach us... We would learn such things as...

- 1. When loved ones come home always run to greet them.
- 2. Fresh air and wind in your hair is ecstasy.
- 3. Take naps and stretch before rising..
- 4. Run, romp and play daily.
- 5. Avoid biting when a growl will do.
- 6. Delight in the simple joy of a long walk.
- 7. Be loval.
- 8. Never pretend to be something you are not.
- 9. If what you want lies buried, dig until you find it.
- 10. When someone is having a bad day, be silent, sit close to them, and nuzzle them gently.

I hope this brings some peace and a smile to your face. We are resilient as the human race and no matter your belief, there is a higher calling and it will have control over each of us if we allow and listen.

Yours In Rotary,



President
Rotary Club of Los Angeles
2016-2017



### New Member Application Announcement



### What's Going On This Friday?



# COME ZOOM WITH US!

#### THE FUTURE OF COLLEGE ATHLETICS

Join us as we hear from LA-based university Athletic Directors in a discussion on the future of college athletics.

### **MARK YOUR CALENDAR!**







### BUSINESS EXCHANGE

**OCT 23** The Future of College Athletics

OCT 24 World Polio Day

**OCT 27** LA5 Business Exchange Morning Mixer

**OCT 29** Morning Social Hour

**OCT 30** Supporting Foster Youth with David Ambroz

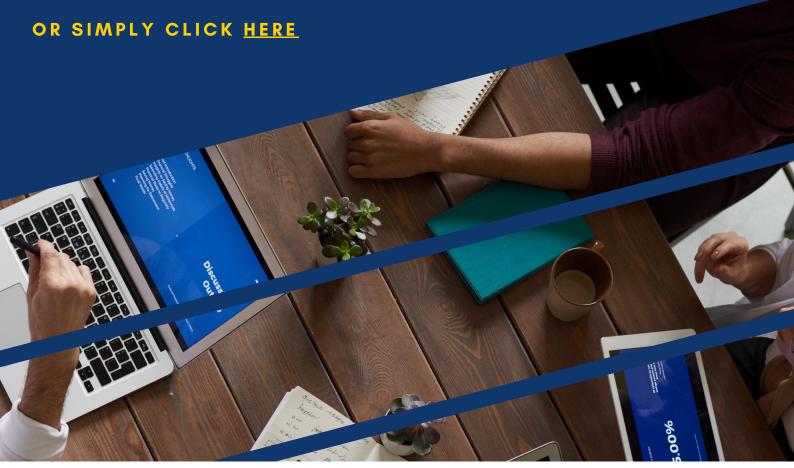
#### CLICK HERE TO VIEW THE CLUB CALENDAR

### Let's Do Business Together

JOIN US FOR THE NEXT BUSINESS EXCHANGE!

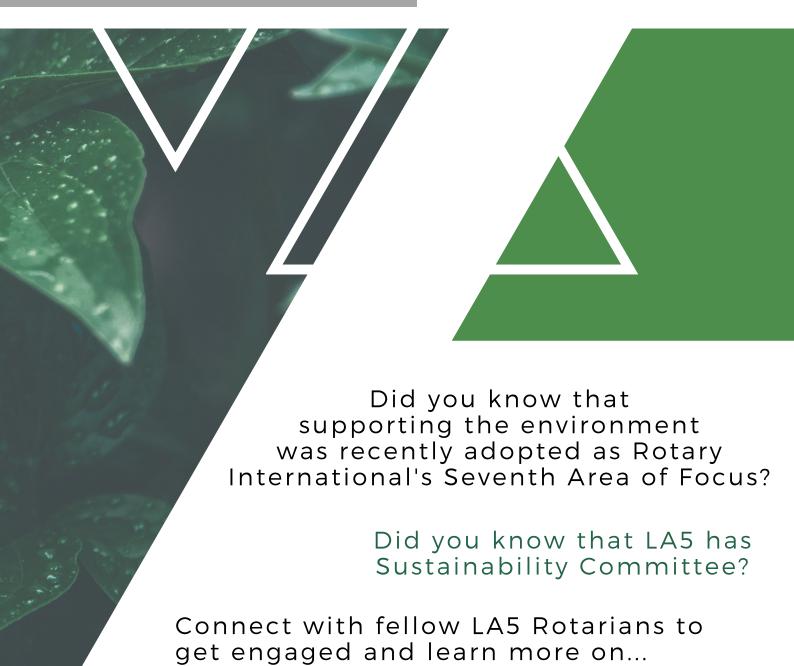
# TUESDAY OCTOBER 27TH | 8:15AM

More information and the link to register can be found on www.rotaryla5.org



We are also seeking a few Rotarians who want to add value to this committee. Please reach out to **Joe Grant at josephbgrantjr@gmail.com** if you are interested!

### LA5 Sustainability Committee



THURSDAY, OCTOBER 29TH 12:00 PM - 1:00 PM

**REGISTER TO ATTEND VIA ZOOM HERE** 

### Fogo de Chao Lunch for **Union Rescue Mission**





### A BIG THANK YOU



To all our volunteers that participated in our Act of Service last week! Rev. Andy Bales & Union Rescue Mission was so delighted about the lunch they received and in true Rotarian form, we had many hands to make the delivery work light.

A special thanks to PP Todd Johnson for connecting with Fogo de Chao, PP Ken Chong for coordinating with URM, and our amazing delivery team!





### Annual Foundation Event

#### DISTRICT 5280 ANNUAL FOUNDATION EVENT

**Supports Rotary Int'l Foundation:** 

- End Polio Now
- Int'l Clean Water Projects
- Peace Projects

### GET INVOLVED TODAY!

### **BUY TICKETS!**

- Buy Tickets @ \$10 minimum / 12 tickets for \$100
- \$500 plus LA5 match = Paul Harris Fellow
  - (Credit towards Paul Harris Fellow)
- Raffle to Win a Club Basket
- Must notify Carmen Schaye to receive credit

### **DONATE ITEMS!**

- Have an item to donate?
   Contact Chrissy Moses
- Examples of items to donate: dinner for two, bottle of good wine, stay at vacation home, gift certificates, etc.



TICKET

PURCHASE YOUR TICKETS BY NOV 4th!

**Buy Tickets at:** 

TICKET

TICKET

www.2020foundationcelebration.com/opportunity-tickets

SOCKS!

## SOCKS FOR SALE



\$15/pair (includes tax and shipping to your home)

### PROCEEDS BENEFIT CLUB OPERATIONS

**CLICK HERE TO PURCHASE** 

### This Week's Birthdays



PP Bavid Bland Oct 22 Rev. Andy Bales Oct 26 PP Bave Meshulam. Oct 26

#### **HAPPY ROTARY ANNIVERSARY**

Thank you for your years of service to LA5 & the Los Angeles community!

Richard Frank, 32 years Carolyn DeVinny, 29 years Sumi Kawaratani, 29 years Tony Medley, 28 years Mark Higgins, 25 years Tommy Lasorda, 24 years Gary Jimenez, 23 years Ben Turner, 21 years Jim Balbin, 21 years PP Marc Leeka, 21 years Nichole Baker, 20 years Michael Flood, 20 years PP Alan Bernstein, 16 years Howard Goodman, 15 years Christopher Lewis, 15 years Kathleen Kavanagh, 13 years Malinda Monterrosa, 7 years Christina Moses, 6 years Margaret Peterson, 6 years Robert Menz, 2 years

