



ROTARY YEAR 2019-2020 · ISSUE 39 · VOLUME CXI SEE - DREAM - SOLVE ROTARY CONNECTS THE WORLD

#### 2019 - 2020

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TALK TO US: elrodeola5egmail.com

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Joseph Grant Christopher Kim Shahla Reynolds Kumar Vinod

#### DISTRICT GOVERNOR

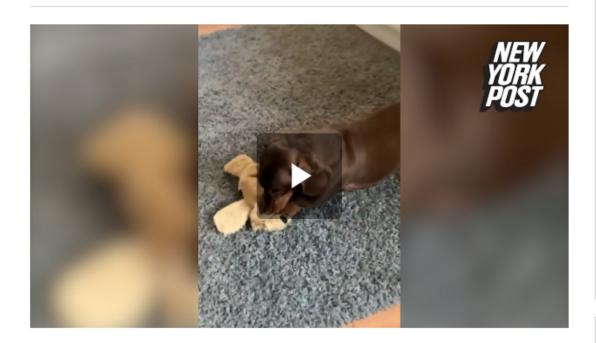
Melody St. John

# BEST NEWS ARTICLE OF THE WEEK

# Dog sprains tail from too much wagging during owner's coronavirus quarantine

By Eric Hegedus

March 23, 2020 | 5:49pm



CLICK HERE TO READ

## SPREAD THE VIRUS OF KINDNESS

A message from the President

Anger and vitrol have held their place in our society for far too long, don't you think? Uncivil talk, shouting, finger pointing, and blaming have dominated the global conversation for so long, it almost seems normal. Only when we face a common foe are we reminded that we share common dreams and concerns. As COVID-19 spreads across the world, my hope is that the 'virus of kindness' will spread with it. As many have said, give each other a little space and a lot of grace.

#### **Looking Ahead**

With state and local restrictions placed upon us, we will not be meeting together in the near future. But this is not the end of our Rotary year. All meetings, including club meetings, board meetings, and social gatherings will be held virtually. It sounds like an oxymoron, but we are living in a virtual reality for the time being.

Happily, our recent ZOOM test was successful. We had 50+ members join us throughout the meeting, many by video, several by phone. It wasn't ideal, but it wasn't too bad either. We will begin to schedule ZOOM gatherings with some regularity. Look for invitations to Club meetings, presentations, and even a virtual cocktail hour. (Now that got your attention.)

In the meantime, remain SAFE AT HOME. Care for one another. Spread the virus of kindness.

Yours in Rotary Service,

President, Rotary Club of Los Angeles 2019 - 2020

# PEPPERDINE

# UNIVERSITY



THIS WEEK:

ZOOM MEETING

with Dr. Lee Katz

Professor of Biology, Pepperdine University

Click Here for Meeting Details



# weyose LUIS SANCHEZ

GENERAL AGENT OF
MANHATTAN LIFE
LA5 MEMBER SINCE 2019

# WHAT ARE SOME SMALL THINGS THAT MAKE YOUR DAY BETTER?

Dressing up for the day ahead, plus hand written notes for a todo list.

# WHAT'S YOUR GO-TO BAND WHEN YOU CAN'T DECIDE WHAT TO LISTEN TO?

American rock & roll bands of the 70's and 80's.

# WHO INSPIRES YOU TO BE BETTER?

My mother, she was my best adviser and she always had words of wisdom. My father was an educational psychologist, he always helped me to see things from a different point of view.

#### WHAT GETS YOU FIRED UP?

Deceitfulness. It just does it.

# WHAT QUIRKS DO YOU HAVE?

I understand feelings more than words, and I always tell my wife the end of movies, she doesn't want to go to the movies with me, sometimes...hahhaha.

# WHAT IS YOUR PROUDEST ACCOMPLISHMENT?

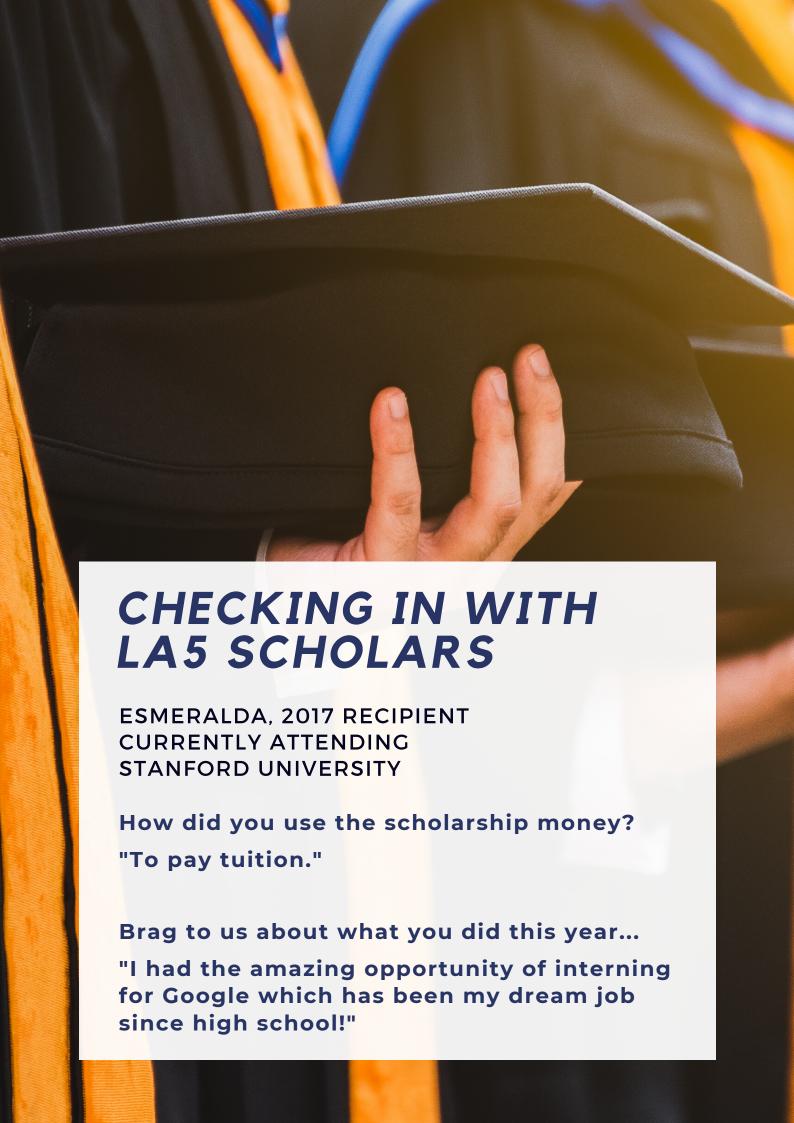
My loving family, beautiful wife and 3 young adults that do lots of good in our community.

# WHAT TAKES UP MUCH OF YOUR TIME?

Listening to people and listening what they want but especially what they are not telling me.

# IF YOU COULD DO ANYTHING FOR A DAY, WHAT WOULD IT BE?

Co-Pilot a jet airplane from coast to coast.



# 4 WAYS TO BE A ROTARIAN WHILE PRACTICING SOCIAL DISTANCING



#### Reach out to other members

Call, write, text, or tag your fellow members to stay in touch! There are members who need to talk, might ned help, or maybe just want to connect. Stay in touch with each other!



#### Support small businesses

Rotarians are pillars of our community; as such, we should lead by example and support our local businesses in any way we safely can during these difficult times.



#### Service projects

Find a way to service the needs of our community. Share them with your fellow LA5 members and act!



#### **Engage with the club**

With meetings either cancelled or postponed, use this time to work on club-related projects and efforts. Engage with the club and advance our mission!

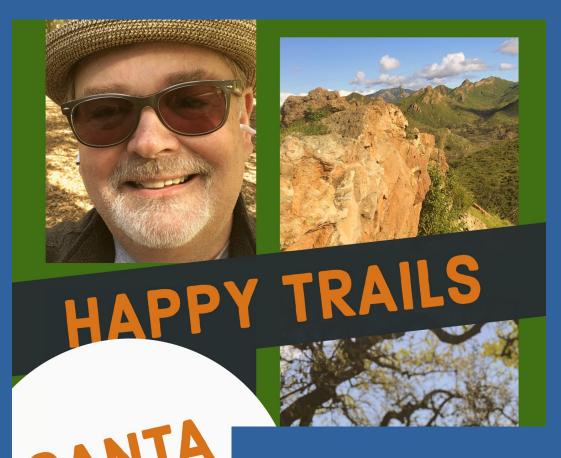
### how Rotarians are surviving

## **SOCIAL DISTANCING**



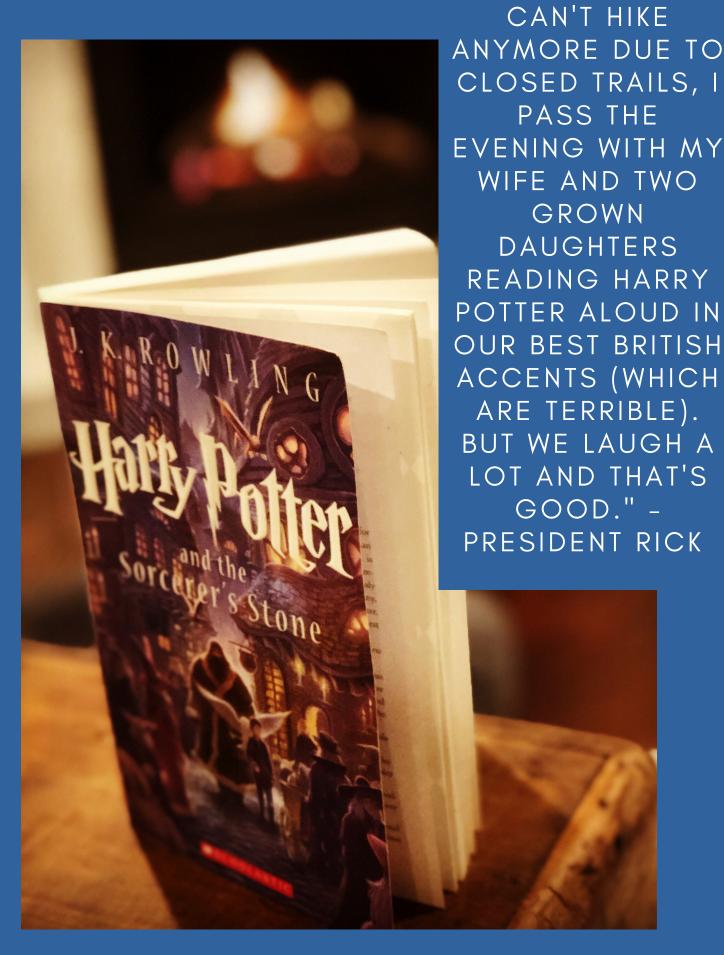
LAST WEEK, LA5 MEMBERS
PARTICIPATED IN A (SUCCESSFUL)
ZOOM CONFERENCE MEETING!

NEXT UP - VIRTUAL HAPPY HOURS..?!



PRESIDENT RICK WAS
GETTING THROUGH HIS
DAYS BY FINDING MOMENTS
IN HIS DAY TO HIKE THE
HILLS BY HIS HOME.

"APPARENTLY THE RABBITS,
SQUIRRELS AND GOPHER
SNAKES DIDN'T GET THE
SOCIAL DISTANCING MEMO.
OF COURSE, THEY ARE
WORKING FROM HOME,
AREN'T THEY?"



"NOW THAT I



"CARA AND I ARE EXPLORING THE LIMITS
OF INTENSE SHARED SPACE AT HOME AS
PERHAPS NEVER BEFORE. DAILY CALLS
TO OUR DAUGHTER IN LONDON AND
SON/ FAMILY IN DC. LEARNING HOW TO
ORDER FOOD THROUGH INSTACART.
STILL LOTS OF LA5 DUTIES. TAKIN' IT DAY
BY DAY AND TOTALLY AMAZED THAT
PRES. RICK CANCELLED HOMECOMING
ONLY 11 DAYS AGO.
(JIGSAW PUZZLE PICTURED IS CARA'S
AND ON RARE OCCASIONS I HELP HER.)"

- ED JOHN GREEN

'OUR LITTLE LEO IS PROBABLY THE BIGGEST THING KEEPING THE LARAS SPIRITS UP DURING THIS. HIS SMILE JUST BRIGHTENS OUR DAY AND KEEPS US PRESENT"

- PP CHARISSE LARA



DENISE ANTHONY SPENT TIME COOKING: RE-MAKING CORNED BEEF AND CABBAGE THAT WAS GOBBLED UP BY OTHERS, AND HOMEMADE SOUP TO KEEP HERSELF AND HER LOVED ONES HEALTHY.

"THEY DON'T CARE HOW MUCH YOU KNOW, UNTIL THEY KNOW HOW MUCH YOU CARE."

- DENISE ANTHONY



Check her out on the club's social media!

'SC ROTARACTOR, MAKSIM FRANKO, ENJOYS MUSIC WHILE KEEPING TABS ON HIS FAMILY IN SPAIN VIA WHAT'SAPP.

"WHEN THERE IS A FAST-SPREADING DISEASE WITHOUT A CURE AND YOU CAN'T VISIT YOUR FAMILY ACROSS THE OCEAN, THE BEST THING TO DO TO LIFT THE SPIRITS IS MUSIC."

- MAKS FRANKO



PAST PRESIDENT KEN CHONG
COMMENTED THAT HE SPENDS HIS DAYS
YELLING AT HIS KIDS.



# How are YOU doing? What is getting you through your days?

Let us know.
email:
elrodeola5egmail.com